

# Workshop “Promoting active citizenship”

## Workshop

TIME	MINS	TITLE	DESCRIPTION	MATERIALS
10:00	15'	<b>Introduction of the Wake UP!</b>	Presenting the organization and the Wake-UP project	
10:15	30'	<b>Introduction to Active Citizens</b>	<p>Exercise: Tree of expectations- This activity allows participants to reflect on what they want to achieve in this workshop and consider what they are bringing to support this. It is an opportunity to hear more about the interests and experience of other participants. It also allows the facilitator to find out what the participants want to achieve through the programme. This should help facilitators design and adapt the delivery of the programme. Participants are invited to share their expectations for the programme, along with some of the skills they can contribute. These are posted onto a large drawing of a tree.</p> <p>Understand Active Citizens Teambuilding and networking within the group</p> <p>Approach 1. Ask participants to find someone in the room they don't know very well, introduce themselves and share 'something that inspired them to come to this event'. They have five minutes to do this.</p> <p>2. Ask participants to find someone in the room they don't know, introduce themselves and share 'something that will make the other person smile'.</p> <p>3. Ask participants to find someone in the room they don't know, introduce themselves and share 'something they enjoy doing in their free time'.</p> <p>Participants gain:</p> <ul style="list-style-type: none"> <li>• skills and values for intercultural dialogue and networking</li> <li>• increased knowledge about their local, national and global communities of interest</li> <li>• skills for, and experience of, social action at community level</li> <li>• the capacity to cascade learning to their community.</li> </ul>	<ul style="list-style-type: none"> <li>• sheets of flipchart</li> <li>• sticky tape</li> <li>• sticky notes</li> <li>• flipchart sheet</li> <li>• pens and paper</li> <li>• colored pens</li> </ul>
10:45	45'	<b>Me: identity and culture</b>	<p>Understanding identity and culture is the key to opening minds to new learning and perspectives, changing attitudes, encouraging empathy and interest in peaceful coexistence and creating a stronger sense of social responsibility. It is also critical to problem-solving and building networks. Participants develop their self-confidence and self-awareness, recognizing the assumptions that underlie their beliefs and those of other people which in turn provides the basis for learning and sharing through dialogue.</p> <ul style="list-style-type: none"> <li>- What is identity?</li> <li>- How is it expressed?</li> <li>- Why is it important to understand identity?</li> <li>- What is culture?</li> </ul> <p><b>Activity: Two truths and one lie</b></p> <p>Introduces participants to the idea of assumptions and explores how our assumptions drive our behavior. Encourages participants to hold their assumptions lightly. All participants write three things about themselves: two of these are truths and one is a lie. They then move around the group sharing and trying to guess which is the lie. The</p>	

debrief focuses on the assumptions we make about others and how holding these lightly can help us to discover more.

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11:30	45'	<b>Me and you: intercultural dialogue</b>	<p>In this part of the workshop (Me and you: intercultural dialogue), participants learn skills for dialogue to support learning and as a tool for building empathy and trust within and across cultures.</p> <p>Understand dialogue, how and when it can be used:</p> <ul style="list-style-type: none"><li>- what is dialogue?</li><li>- principles of dialogue</li><li>- purpose of dialogue.</li></ul> <p>Ability to support, learn and share through dialogue:</p> <ul style="list-style-type: none"><li>- approaches to dialogue: listening skills, questioning skills, dialogue in community development, dialogue in fragile and conflict-affected communities</li><li>- learn and share through dialogue.</li></ul> <p><b>Activity: Elephant and the six wise elders in the mist</b></p> <p>Introduces participants to the idea of assumptions and explores how our assumptions drive our behavior. Encourages participants to hold their assumptions lightly. All participants write three things about themselves: two of these are truths and one is a lie. They then move around the group sharing and trying to guess which is the lie. The debrief focuses on the assumptions we make about others and how holding these lightly can help us to discover more.</p>
12:15	45'	<b>We: local and global communities</b>	<p>In the following part of the workshop (We: local and global communities), participants develop an understanding of 'community' and its relationship with identity and culture-deepening their understanding of how communities (like identities) are multiple local, global and interdependent. Skills are developed in mapping the community from different perspectives: problem identification, systems thinking and complexity and power dynamics. These are used to identify insights, appropriate interventions and networks which could help to address local issues. The group apply their learning to their own community to identify the problem they would like to address and the people they need to engage to achieve their objectives. Participants are encouraged to focus on addressing problems that are defined and refined by local people in an ongoing process which is legitimized at different levels (politically and socially) building ownership throughout.</p>
13:00	60'	<b>Planning and delivering social action</b>	<p>In this part, participants focus on planning a social action initiative in their community, considering the process in different levels of detail and complexity. This involves identifying and clarifying their agenda, a specific intervention and how they will deliver it - looking for patterns and insights into what's already working and how to create the conditions to support positive change to emerge. Participants are encouraged to have a clear purpose along with a flexible delivery strategy. They experiment and manage risks by trying things out, analyzing the impact and pursuing activities which have potential. Social action projects can be attached to existing initiatives or be something completely new. The implementation phase is the culmination of participants' learning. It gives them the experience of designing and learning from the delivery of social action and demonstrates their increased social responsibility and leadership skills. Where social action initiatives are showing the potential to achieve meaningful impact further support, visibility and networking opportunities are often provided. Participants and partners can apply</p>

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to engage in policy dialogue; research on community; international study visits; and international partner networking.

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TOTAL LENGTH: 4 HOURS